



Registered Charity: 1194192 British Canoeing Club: CL000123 Registered Office: The Stables. Mill Road. Cromford.
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PADDLE PEAK RISK ASSESSMENT

Date: 08/07/2021 By Whom: Pete Montgomery

Updated 11/11/2024

Control measures to reduce risk if necessary

- Instructors have a minimum PUK qualification or proven expertise, competence and suitability as agreed by PP Trustees.
- Suitable instructor ratio determined by nature of group composition.
- Advice on appropriate clothing and footwear given.
- Canoe cagoules and waterproof trousers used if required.
- Equipment checked prior to use.
- Buoyancy Aids and helmets issued and correctly fitted.
- Safety talk and instruction given prior to session.
- 1st Aid & Safety Equipment carried.
- Mobile phone always taken.
- Only appropriate water used with regard to the group's ability, experience and prevailing water and weather conditions.
- Weather forecast obtained before a final decision is made on location.

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments / review date
DROWNING	Paddlers Others	Wearing of buoyancy aid. Instruction in capsize procedures. Relevant supervision for novices. Advised to keep away from waters' edge	Buoyancy aids checked and tested annually. Induction sessions for beginners and new members. Supervisors to ensure buoyancy aid correctly fitted. Regular checks on equipment during the season.	
HYPOTHERMIA	Paddlers	Advised on the correct clothing to wear for prevailing conditions. Adjustment to clothing as required	Continuous dynamic risk assessment.	
SLIPS TRIPS AND FALLS	Paddlers, Guardians Coaches & others	Regular maintenance of landing stages, water edges, steps and Club House floors	Appropriate cleaning/ maintenance equipment available, advise of care on slippery rocks & surfaces	

SPRAINS, STRAINS AND SOFT TISSUE INJURIES	Paddlers, Guardians Coaches & others	Appropriate warm up undertaken. Trained to lift equipment correctly. Ask for help. Encouraged to paddle correctly	Ongoing training and regular checks of procedures Appropriate checks on storage facilities	
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POLLUTION AND WATER QUALITY	Paddlers	Advised to bathe soon after sessions or immersion. Made aware of flotsam. Advise on water quality and general bio security, inform of weils disease protocols.	Risks higher in spate conditions. Avoid intentional capsizes in poor conditions. Advise on avoiding ingestion of water & contamination through cuts / eyes etc.	
OTHER WATER USERS	Paddlers and other users	Paddlers instructed to be aware of other water users and how to take appropriate/avoiding action.	Informed as to possible other water users and location	
WEIRS AND MAN MADE FEATURES	Paddlers Coaches	Helmets to be worn when paddling in associated rough water.	Appropriate skill and awareness training, advise on procedure for portaging or negotiating weirs.	
OVER HANGING TREE OR STRAINERS	Paddlers Coaches	Paddlers advised to negotiate around trees, both overhanging and floating. Advised as to correct action in event of entanglement. Appropriate tree management on site.	Regular checks as part of on-site maintenance Appropriate training for offsite visits	
INJURY FROM TRAFFIC	Competitors / Officials / Public	Low Volume of Traffic. Competition area has no public access. Limited number of official vehicles. Speed limits in operation		
INJURY FROM MANUAL HANDLING	Competitors / Officials	Minimal heavy lifting or difficult equipment for officials to move.		
PROPERTY & FACILITIES				

WEATHER AND ENVIRONMENTAL CONDITIONS	Paddlers Coaches Guardians Officials Public	Advised on the correct clothing to wear for prevailing conditions both on and off the water. Shelter from elements considered	Curtailed or abandonment of the session if weather becomes unsuitable for continuation.	
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